Need Help?

Are You Pregnant or Parenting?

Homeless or living with friends couch to couch? Are you in an abusive situation or one that you feel is uncomfortable or unhealthy for you and your baby/child? If you are pregnant and/or parenting a child under the age of 5,

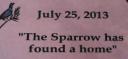
and you are 20 years old or younger, we are here to help.

We Provide

- A Christ-centered, nurturing, safe family home for you and your child for the duration of your pregnancy and up to a year after your baby is born
- Nutritious food, clothing, all your baby's needs
- Transportation to appointments, school, church,
 & volunteer opportunities
 - A curriculum designed to empower and build independence
 - Family and individual counseling
 - Group outings for relaxation & fun
 - Adoption services available if desired
 - After care program to support educational, spiritual, & personal goals

Basic Admission Requirements:

- 20 years of age and under.
- Currently expecting, and/or parenting a child under the age of 5
- Willing to continue your education, attend a local church and volunteer in the community
- Be willing to live in a group setting with your own room, completing assigned chores and following rules that have the benefit of all those living in the house



Psalm 84:3



The Sparrow's Nest

636.336.2534 TheSparrowsNestSTL.com

info@TheSparrowsNestSTL.org



We have at least two professional staff members available 24/7 for your safety and security. All of our staff receive training in communication, safety protocols, CPR/First Aid, pregnancy, child development and trauma.

We are a licensed group home facility however it is important to all of us to create a nurturing, warm, and kind home environment.

It is the goal of all staff members at The Sparrow's Nest to make sure you don't get stuck. Our team considers our faith to be the backbone of who we are and what we do. We are all motivated by real relationships, laughter, creativity, and love.

How Can I Help?

Donate

A ministry of this magnitude requires strong financial backing from the community. Whether you donate \$10 or \$10,000 we trust God to take it and multiply it for our needs. To make your federal tax deductible donation, visit: www.TheSparrowsNestStl.org/give. Donations totaling \$100 or more may be eligible for the Missouri Maternity Home Tax Credit. For information about claiming this tax credit on your Missouri taxes contact Mark.Hollander@umb.com or visit the Department of Social Services Maternity Home Tax Credit website at www.dss.mo.gov/dfas/taxcredit/maternity.htm.

Volunteer

Volunteers give flight to The Sparrow's Nest. The majority of our needs are met by incredible individuals donating their time. Whatever gift or talent you have been blessed with, we can use it. For more information visit: www.TheSparrowsNestStl.org/volunteer-landing.

Talk-N-Tour

First Thursday of Each Month Coffee Talk-N-Tours 10:00am-11:00am and 7:30pm-8:30pm. Join us for a cup of coffee and a yummy treat. We'll talk for a bit then take a quick tour of The Nest. RSVP to info@thesparrowsneststl.org and please indicate if you would like to take the AM or PM tour.

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me."

Matthew 25:35-36



The Branch Resource Center helps any parent in need. You may fill 2 reusable bags 1 time per month for a total of three months. After that time you may choose to attend counseling sessions with our licensed counselor (some may qualify for a sliding scale fee), attend parenting support classes, volunteer at our administrative offices, or attend our Single Mom's Support Group, and receive additional supplies if needed. We offer:

- Essential baby supplies and other baby items (diapers, wipes, lotion, ointment, clothing, etc.)
- Personal care items and referrals for additional resources if needed
- Counseling (if you are interested in counseling contact our office for a referral to Christian Family Services, Lisa Randolph)
- Parenting support classes (call 636.336.2534 for availability)

Single Moms' Support Group held every 4th Tuesday of the month (dinner and babysitting provided) (dates may vary, check our website www.thesparrowsneststl.org or call 636.336.2534)